



# ECC News

October/November

## October

10/20 Virtus Class at St. Bernadette  
10/28 St. B's Parish Picnic  
10/30 & 31 1s & 2s Halloween Activities  
10/31 Pre-K Halloween Carnival

## November

11/1 All Saints Day NO classes  
11/5 Virtus Class at St. Bernadette  
11/6 CCISD In-service Day No Classes  
11/8 Virtus Class at St. Bernadette  
11/13 Sleepy Happy Will I Ever Sleep Again 9:15am  
Boundaries: Friend or Foe 6:00-7:30pm  
11/14 Sleepy Happy Will I Ever Sleep Again 9:15am  
11/14 & 15 1s & 2s Thanksgiving Activities  
11/15 Thanksgiving Sing Along Pre-K 3s & 4s  
11/19-23 Thanksgiving Vacation No Classes  
More info to come for November dates

## For Holiday planning:

### December

Dec 4 & 5 (Tues/Wed) - Reindeer Games with the Motor Skills Teachers  
Dec 10 & 11 (Mon/Tues) - Christmas Blessings Program  
Dec 18 & 19 - (Tues/Wed) Pre-K 3s and 4s classes: Polar Express Day - Wear PJs to school.  
Dec 18 & 19 (Mon/Tues) - 1s and 2s classes: Mrs. Santa Claus will be visiting - Wear PJs to school.  
LAST days of classes before Christmas are Tuesday, Dec 18 and Wednesday, Dec 19.  
NO Classes on Thursday Dec. 21 and Friday, December 22.  
Christmas Vacation Days: Dec 20 through January 7, 2019.  
Classes resume Tues, January 8, 2019.

## Halloween Fun for all!



Halloween Fun is coming up! **For 3s and 4s:** Lots of help is needed for the Halloween carnival! ALL Pre-K classes will have a Halloween Carnival Day on Wednesday, October 31. Children come dressed in their costumes. Pre-K 3s Carnival time: 11:00-11:45. Pre-K 4s Carnival time: 12:00-12:45. T/T classes are invited to join their class during their class's carnival time.

We need Virtus trained volunteers to make it possible. You do not have to be Virtus trained for SET UP or CLEAN UP!

Please consider volunteering! Please click or paste the link below to sign up.

<https://www.signupgenius.com/go/70a0e45aac2da7f49-ecchalloween>



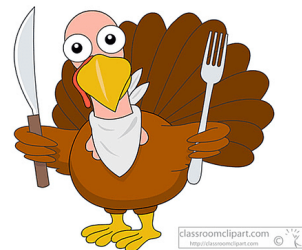
Halloween fun is coming up! **For 1s and 2s:** On Monday, Oct 30 and Tuesday, Oct 31, please bring a small pumpkin outside near the Nursery entrance for our Pumpkin Patch! We will have an Activity Room. The children will play games, get a prize and go trick or treating. A simple Halloween celebration just right for 1 and 2 year olds!

We need only 1 Virtus volunteer to help on each day. Please email Jennifer at [nevinsj@stbchurch.org](mailto:nevinsj@stbchurch.org) if you would like to help.

## Faithful Friends

This Fall in Faithful Friends the children will be participating in 2 service projects:

1. For Thanksgiving, the classes will collect food and compile boxes of food for the hungry. Next week, your child will bring home a turkey tag with a food item to bring in. Christian Action will feed 100 families this Thanksgiving. They are also collecting Kroger gift cards to purchase turkeys. Please bring all items before Nov. 5<sup>th</sup>.
2. We will collect Halloween candy for deployed Military. Please bring in your candy Nov 2-9. We will send it off to deployed soldiers. If you have a family member or friend who is deployed, please share their information and we will send a care package to them. We will also collect cash to help with shipping expenses.



### PARKING LOT SAFETY

Please ALWAYS be careful and safe in the parking lots. Please lock your car and do not leave valuables visible. The red fire lanes are not to be used as a drop off or pick up zone. Please park in marked parking spaces. Thanks for being safety conscious.



Will I EVER Sleep Again?  
Tuesday, Nov 13<sup>th</sup> & Wed. Nov 14<sup>th</sup>  
9:15-10:45am

Boundaries: Friend not Foe  
(For Bedtime and Beyond)  
Tuesday, Nov. 13<sup>th</sup> 6-7:30pm



See flyer for details.

### VIRTUS - Non-denominational Abuse Awareness Class - Parent Education

A HUGE Thank You to all the Parents who have become VIRTUS trained. We truly appreciate your assistance and support. All parents who would like to volunteer for school activities with the children must attend a VIRTUS "Protecting God's Children" class.

Please register online at: [www.virtus.org](http://www.virtus.org)! Your attendance in a VIRTUS class will allow you to participate/volunteer in school activities with your child! Please let me know when you complete the class so I can confirm your status.

VIRTUS Classes coming to St. Bernadette! October 20 from 9:00am to 12:00pm, November 5<sup>th</sup> 6:30-8:30pm  
November 8<sup>th</sup> 6:30-8:30pm

### CLASS OPENINGS & ADD A DAY

We have some openings in our Pre-K 3 and 4-year-old classes and 1 and 2-year-old classes.

Thank you for letting your friends know.

If you are in our 1 or 2-year-old classes and would like to add a 3<sup>rd</sup> day we may be able to accommodate you. Ask your teacher about it.

### T- Shirts

We have extended the T-Shirt order deadline through the end of this week.

### Going On Around the St. Bernadette

#### *Christian Action*

*Clothing needs:*

*October Needs:*

*Similac Formula Both with iron & without Iron*

*November*

*Beginning Oct. 20<sup>th</sup>, Turkey Tags will be available to purchase items to donate for the boxes of food for the hungry. Our goal is to fill 100 boxes that will feed 100 families.*

*Turkey Tags will be available by the School Hallway Office*



#### **Save the Date**

Saturday, February 9, 2019

The proceeds from the gala support the school. For example, the new flooring, paint for the doors, rugs, new laminator, and one new playground structure were all funded by the gala! Plus, it's a great time!

Invitation to come home with your child.

#### *Adult Faith Formation Opportunities 2018-2019*

**Rich Tarantino:** Sundays, 8:30 am in the Brandsma Building Room 203 Room 214

**Men's Bible Study:** Mondays, 9:00 am in the Brandsma Building Room 2013 Administration building, Mini-Hall

**Adult Scripture & Theology Studies:** Tuesdays, 10:00 am or 7:00 pm in the Marius Room Building, Room 214

**Rich Tarantino:** Tuesdays: 7:30 pm in the Brandsma Building Room 203 Faith" (Mk 5:36)

**Sunday-to-Sunday Scripture Study:** Wednesdays, 9:30 am in the Brandsma Building Room 203 Father is Merciful" (Lk 6:36)

**Faith and Fitness for Moms:** Fridays, 9:30 am in the Gym

**Adult Faith Formation:** Jason Honeycutt, ext. 315, honeycuttj@stbchurch.org

#### *Spiritual Life Opportunities 2018-2019*

**Christian Meditation:** Tuesday mornings, 9:15 am, Brandsma Building,

**Charismatic Prayer Group:** twice a month, Sunday afternoon, 1:30 pm, (see the website calendar for dates)

**Women's Book Study:** Mondays, 10:00 am or 7:00 pm, Brandsma

**ACTS Women's Retreat:** February 21-24, 2019

**Spiritual Life:** Chris Twardowski, ext. 317, [twardowskic@stbchurch.org](mailto:twardowskic@stbchurch.org)

# PARISH PICNIC

October 28

**After 11 a.m. Mass (Rain or Shine!)**

FREE Activities for individuals of all ages!

- BBQ Meal Serving: 12-3 p.m. (get meal tickets this Sunday after Mass)
- **NEW!** Choir Performance in the Parish Life Center: 1-2 p.m.
- **Free** Activities for all ages: 1-4 p.m.
- **Free Refreshments!** Cotton Candy, Soda, Popcorn
- **Free Activities:** Children's Bingo, Adult Bingo, Inflatables, Field Games (water balloon toss, etc.), Corn Hole, Cake Walk, Balloon Animals, Face Painting, Lego Area, Arts & Crafts Area, and more!

This is a day for fun and fellowship. A great way to meet fellow parishioners. Bring the family, grandkids, and friends!

***In the event of rain, activities will move indoors.***

**Volunteers needed:** Sign up now at [www.stbchurch.org/volunteer](http://www.stbchurch.org/volunteer) or call Suzanne at 281-486-0337 x110. Shifts are only an hour. No experience necessary. Service hour letters will be available for work or school.

**Parking Note:** The front parking lot will be used for the Picnic, please park in the back lot or at the Intermediate School. **Handicapped parking** will be available in the small parking lot off El Camino. **No Sunday 5:30 p.m. Mass on Oct. 28.**

## Parent Tip:

### What is "W" sitting?

By, Marianne Gibbs, EdD, OTR  
Gibbs Consulting, Inc.

[www.writeoutofthebox.com](http://www.writeoutofthebox.com)

"W" sitting occurs when children sit on the floor with their legs bent in the shape of a "W". Observe your students today and see how they sit on the floor at school and home. Do they sit in the "W" position?



#### **Why do children "W" sit?**

Children may develop a habit for "W" sitting as a way to establish increased stability in their bodies when they cannot assume and maintain the criss-cross (tailor) sitting position. Unfortunately, "W" sitting compromises knee and hip joint positioning, inhibits trunk stability needed for sitting, and may impact the development of proficient hand skills.

#### **What should teachers and parents do when a child is a "W" sitter?**

Teachers and parents should gently, but firmly discourage "W" sitting. I recommend allowing a variety of sitting positions especially if kiddos are struggling or have pain sitting in the criss-cross position. All of the following positions support healthy joint development and learning.

See website for more info: [www.writeoutofthebox.com](http://www.writeoutofthebox.com)

"Believe in the Lord Jesus, and you will be saved – you and your household." [Acts 16:31](#)

#### **Contact Us**

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website: [www.stbchurch.org](http://www.stbchurch.org) LIKE us on Facebook: St. Bernadette Early Childhood Connections